



## Patient Notification of Qualifications and Scope of Practice

*East Asian medicine* means a health care service using East Asian medicine diagnosis and treatment to promote health and treat organic or functional disorders.

1. **Stephanie Meinhold, EAMP, LAc** has the following education and license qualifications:
  - (a) Washington State Acupuncture License # AC60054013 (2008)
  - (b) Diplomate of Acupuncture, NCCAOM. Certificate # 103477 (2008)
  - (c) Acupuncture Detoxification Specialist, Certified by NADA. (2008)
  - (d) Master's Degree in Acupuncture and Oriental Medicine from Oregon College of Oriental Medicine (2008)
  - (e) Master of Arts in Environmental Management, Royal Roads University Canada (2002)
  - (f) Bachelor of Science in Zoology, University of Calgary, Canada (1995)
  - (g) First Aid/CPR certified (current)
2. The scope of practice for an East Asian medicine practitioner in the state of Washington includes, but is not limited to the following:
  - (a) Use of acupuncture needles to stimulate acupuncture points and meridians;
  - (b) Use of electrical, mechanical, or magnetic devices to stimulate acupuncture points and meridians;
  - (c) Moxibustion;
  - (d) Acupressure;
  - (e) Cupping;
  - (f) Dermal friction technique (Gua sha);
  - (g) Infra-red;
  - (h) Sonopuncture;
  - (i) Laserpuncture;
  - (j) Point injection therapy (aquapuncture); and
  - (k) Dietary advice and health education based on East Asian medical theory, including the recommendation and sale of herbs, vitamins, minerals, and dietary and nutritional supplements;
  - (l) Breathing, relaxation, and East Asian exercise techniques;
  - (m) Qi gong;
  - (n) East Asian massage and Tui na, which is a method of East Asian bodywork, characterized by the kneading, pressing, rolling, shaking, and stretching of the body and does not include spinal manipulation; and
  - (o) Superficial heat and cold therapies.
3. Side effects may include, but are not limited to:
  - (a) Some pain in insertion area following treatment;
  - (b) Minor bruising;
  - (c) Infection;
  - (d) Needle sickness; and
  - (e) Broken needle.
4. The patient must inform the East Asian medicine practitioner if they have a severe bleeding disorder or pacemaker prior to any treatment.